



SAINT MARK ELP LUNCH MENU

Menu items are subject to change. Lunch is served with 1% or whole milk.
Whole grain-rich items are indicated in **RED**.

JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		CHRISTMAS BREAK NO SCHOOL	CHRISTMAS BREAK NO SCHOOL	CHRISTMAS BREAK NO SCHOOL
6	7	8	9	10
GLAZED HAM SLICED CARROTS ENRICHED/BROWN RICE MIX PEACHES	BAKED CHAR SIU CHICKEN PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEARS	GROUND BEEF CURRY MIX VEGETABLES ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	BAKED GINGER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW	KALUA PULLED PORK SLIDER BUN SLICED CUCUMBERS MANDARIN ORANGES
13	14	15	16	17
WHOLE GRAIN CHEESE BREAD VEGETABLE MARINARA PEACHES	GROUND BEEF BULGOGI MIX VEGETABLES ENRICHED/BROWN RICE MIX PEARS	BAKED HERB CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	BAKED CAJUN FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW	HAMBURGER PATTY SLIDER BUN SLICED CUCUMBERS MANDARIN ORANGES
20	21	22	23	24
MARTIN LUTHER KING, JR. DAY NO SCHOOL	SHOYU CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PEARS	POT ROAST BEEF PEAS AND CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	BAKED LEMON PEPPER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW	WHOLE GRAIN CHICKEN BREAST PATTY MIX SALAD MANDARIN ORANGES
27	28	29	30	31
WHOLE WHEAT MACARONI W/GROUND BEEF & VEGETABLE MARINARA SAUCE ENRICHED BREADSTICKS PEACHES	BAKED LEMON PEPPER FISH PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEARS	COCONUT CHICKEN CURRY GREEN BEANS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	GROUND BEEF CHILI MIX VEGETABLES ENRICHED/BROWN RICE MIX FRESH HONEYDEW	SHREDDED CHICKEN TACO SOFT SHELL TORTILLA MIX SALAD MANDARIN ORANGES

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