



SAINT MARK ELP LUNCH MENU

Menu items are subject to change. Lunch is served with 1% or whole milk.
Whole grain-rich items are indicated in **RED**.

NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 TURKEY DOG HOT DOG BUN SLICED CUCUMBERS MANDARIN ORANGES
4 WHOLE WHEAT MACARONI W/ GROUND BEEF & VEGETABLE TOMATO SAUCE ENRICHED BREADSTICKS PEACHES	5 BAKED BBQ CHICKEN PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEARS	6 GROUND BEEF CURRY MIX VEGETABLES ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	7 BAKED GINGER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW	8 WHOLE GRAIN CHICKEN BREAST PATTY SLICED CARROTS MANDARIN ORANGES
11 VETERAN'S DAY NO SCHOOL	12 GROUND BEEF BULGOGI MIX VEGETABLES ENRICHED/BROWN RICE MIX PEARS	13 BAKED HERB CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	14 BAKED CAJUN FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW	15 KALUA PULLED PORK SLIDER BUN SLICED CUCUMBERS MANDARIN ORANGES
18 SALISBURY STEAK MIX VEGETABLES ENRICHED/BROWN RICE MIX PEACHES	19 SHOYU CHICKEN SLICED CARROTS ENRICHED/BROWN RICE MIX PEARS	20 POT ROAST BEEF PEAS AND CARROTS ENRICHED/BROWN RICE MIX PINEAPPLE CHUNKS	21 BAKED LEMON PEPPER FISH GREEN BEANS ENRICHED/BROWN RICE MIX FRESH HONEYDEW	22 WHOLE GRAIN CHICKEN CORNDOG MIX SALAD MANDARIN ORANGES
25 WHOLE GRAIN CHEESE BREAD VEGETABLE MARINARA PEACHES	26 GROUND BEEF CHILI PEAS AND CARROTS ENRICHED/BROWN RICE MIX PEACHES	27 ROASTED TURKEY GREEN BEANS ENRICHED/BROWN RICE MIX PEARS	28 THANKSGIVING BREAK NO SCHOOL	29 THANKSGIVING BREAK NO SCHOOL

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